



Dalgety Bay Sailing Club



www.dalgetybaysc.org

Forth Inshore Group Series *Four Inches Race*

Sunday 26th June, 2016

Sailing Instructions

1. Rules

The race will be governed by the *Rules* as defined in the Racing Rules of Sailing. Handicaps allocated by the FYCA will be used.

The race is open to Division 1 and Division 2 Yachts as defined by FIG Rules including Restricted-Sail cruisers, not carrying spinnakers.

2. Changes to Sailing Instructions

Any changes to the sailing instructions will be posted at least 30 minutes before the start of the race.

3. Race Schedule

The scheduled time of the first Warning Signal is 10:25 am

4. Classes and Class Flags

There will be two fleets – Division 1 and 2 split according to the FIG series rules

The Class Flag for the Division 1 fleet will be Numeral Flag 1. The Class Flag for the Division 2 fleet will be Numeral Flag 2.

Restricted Sail cruisers are free to enter either class based on their full sail handicap.

5. Restricted Sail Option for Yachts

Yachts may request to use a Restricted set of Sails (RS - defined as no spinnaker or cruising chute, and no additional headsails than used to windward to be set at any time). This provision is intended for yachts not equipped with a spinnaker, and for crews considered by the Race Committee to be 'less experienced', 'less capable' or 'short handed', the latter defined as less than 60% of the yacht's full crew. The RS provision will not be granted if, due to the course or weather conditions, no yachts are able to fly spinnakers.

To request the RS provision, a yacht must contact the DBSC Race Committee on VHF channel 37, justifying the request, on the race day at least 15 minutes before its class warning signal is displayed. To be valid, the Race Committee must have confirmed and announced their agreement before its class warning signal. It is at the absolute discretion of the Race Committee whether to accept an RS request or not on any particular day.

A yacht permitted to use the RS provision shall display a white pennant or flag on the backstay or other prominent position, from its class warning signal until it finishes.

A yacht permitted to use the RS provision shall receive a +4% handicap adjustment. All results, both in full and RS configuration, shall be considered in calculating overall series positions.

6. The Course and Marks

The course and marks of the course are defined in Appendix 1. The course number to be sailed for each class will be displayed on a board on the committee boat and announced by the committee boat over channel 37 no later than 15 minutes before the first scheduled start time.

7. The Start

All competitors should note - due to the nature of the Four Inches race format, the Race Officer may choose to start the race **down wind or on a reach** to take advantage of tidal conditions in order to complete rounding of as many of the Four Inches as possible.

The races will be started using rule 26, with the warning signal given 5 minutes before the starting signal. Division 2 will start first, followed by Division 1.

The starting line will be between the mast of the committee boat displaying an orange flag, and an orange inflatable buoy.

The committee boat will be anchored approximately half a mile south of DBSC Clubhouse. A boat starting later than 15 minutes after the starting signal will be scored Did Not Start. This changes Rule A4.1.

Warning	Prep up	Prep down	Start	CLASS	Visual Signal
10:25hrs	10:26hrs	10:29hrs	10:30hrs	FIG DIVISION 2	Flag numeral '2'
10:45hrs	10:46hrs	10:49hrs	10:50hrs	FIG DIVISION 1	Flag numeral '1'

8. Shortening the course

After the starting signal, the Race Committee may shorten the course as per rule 32.1. In this case, the finishing line will be between the mast of the committee boat displaying flag S (together with the appropriate class flag(s)), and the nearby rounding mark. If the rounding mark is an island, then the finishing line will be along a North-South transit through the mast of the committee boat.

9. The Finish

The finishing line will be between the flagpole in front of the DBSC Race Box and an orange inflatable buoy laid directly south of the Clubhouse. (Note that DBSC race marks are round yellow buoys.)

The Race Box will be manned for two hours after the first boat finishes. All yachts finishing should check and record their own times as they cross the finishing line. Where possible, record the names of yachts which finish immediately ahead and astern. A yacht finishing when the line is not manned should forward their finishing times to:

The Secretary, FAO ~ Four Inches Race Officer, Dalgety Bay Sailing Club, The Wynd, Dalgety Bay, Fife, KY11 9SJ or e-mail keelboatracers@dalgetybaysc.org within 48 hours.

10. Time Limits

The time limit for the race is Nautical Sunset on 26th June 2016. Boats failing to finish within the time limit will be scored Did Not Finish. This changes Rules 35 and A4.1.

11. Safety

FYCA Safety Regulations Cat 4 applies unless a vessel is the subject of an exemption therefrom.

Participants are advised to take careful note of the various rocks and other low water hazards which may be encountered in the sailing waters in which the race takes place. Participants are reminded of the FYCA requirement to carry the charts for the area being sailed.

Boats must keep a minimum distance of 30m from the Hound Point and Braefoot tanker terminals & any tanker berthing there. In the event that tanker movements from Braefoot take place during the race then boats should not pass between the North shore and Inchcolm. The committee boat will endeavour to advise competitors of any expected movements along with the announcement of the Course.

A boat that retires from the race shall notify the Race Officer as soon as possible. The Race Officer will maintain a listening watch on Channel 37 for the communication of safety information.

12. Entry Fee £5.

Entry Forms are available from the FYCA website. <http://www.fyca.org.uk/FIG/openef.pdf>

13. Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that (a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst part in the event; (b) they are responsible for the safety of themselves, their crew; their boat and their other property whether afloat or ashore; (c) they accept responsibility for any injury, damage or loss to the extent caused by their actions or omissions; (d) their boat is in good order, equipped to sail in the event and they are fit to participate; (e) the provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities; (f) the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

14. Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 per incident or the equivalent.

14. Prizes

Will be presented at the Dalgety Bay Sailing Club Annual Prize Giving. The Four Inches Trophy will however be kept at Dalgety Bay Sailing Club.

The Four Inches Trophy will be awarded based on the best corrected time across the three fleets. However, if only one class sails the full course, then the trophy will be awarded on the basis of results in that class alone.

Results will be posted on the DBSC website.

Appendix 1

Course 1.

Order	Mark	Approximate Position		Leave to
1	Start West to East			
2	INCHCOLM ISLAND			STARBOARD
3	INCHKEITH ISLAND			STARBOARD
4	Herwit Buoy	56° 01.10' N	3° 06.40' W	STARBOARD
5	Leith Approach Buoy	55° 59.95' N	3° 11.42' W	PORT
6	OXCARS lighthouse			STARBOARD
7	INCHGARVIE ISLAND			STARBOARD
8	Admiralty Mooring Buoy 1	56° 01.20' N	3° 21.10' W	STARBOARD
9	Finish West to East			

Course 2.

Order	Mark	Approximate Position		Leave to
1	Start West to East			
2	INCHCOLM ISLAND			STARBOARD
3	FPA No 9 Mark (GREEN)	56° 02.35' N	3° 13.37' W	STARBOARD
4	OXCARS lighthouse			STARBOARD
5	INCHGARVIE ISLAND			STARBOARD
6	Admiralty Mooring Buoy 1	56° 01.20' N	3° 21.10' W	STARBOARD
7	Finish West to East			

Tides @ Leith

06:10 5.1m, 12:20 0.9m, 18:50 4.8m Time Zone BST

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