



Forth Inshore Group (FIG) Series
Inchkeith Trophy
Rankine Trophy



Sunday 21 May 2017



SAILING INSTRUCTIONS (section 5.3 corrected 1 May 2017)

Approximate Times (BST): HW 11:15 LW 17:35 Sunset: 21:28

1. Rules:

- 1.1. The Race will be run under the Racing Rules of Sailing 2017-2020.
- 1.2. The prescriptions of the RYA & FYCA FIG will apply unless noted below.
- 1.3. FYCA Yacht Safety Regulations Cat 4 shall apply for Division 1 and Cat 4R to Division 2.

2. Notice to Competitors:

- 2.1. Notices to Competitors or changes to these Sailing Instructions may be viewed on the RFYC Website: www.rfyc.org up to one week before the event.
- 2.2. Any late Notices to Competitors or changes to these Sailing Instructions may be notified by text to the mobile phone submitted on the entry form up to one day before the event.

3. Start:

- 3.1 At competitor's selection between 09:00 and 15:00 on 21 May 2017.
- 3.2 Competitors may wish to consult Forth and Tay Navigation Service (FTNS) to determine any shipping movements or hazards.

4. Identification:

All competitors are required to fly a Division number pennant from the backstay to signify participation:

- Division 1, FYCA handicap < 975: Numeral pennant No.1
- Division 2, FYCA handicap ≥ 975: Numeral pennant No 2
- In addition to a class flag, RS yachts must fly a white flag from their backstay.

5. Restricted Sail (RS) Option for Yachts

- 5.1. As described on the FYCA Website.
- 5.2. Entrants will need to provide justification for an RS request.
- 5.3. Requests for an RS allowance must be submitted by e-mail to vicecommodorerfyc@gmail.com or by text message to 07815 631 505 and will receive confirmation, or otherwise, by the same method.

6. Race signals:

- 6.1. No formal race signals or centralised start signals will be made.
- 6.2. Where several yachts opt to start together at the same point, they should nominate a start marshal from amongst their number to regulate the start locally, eg minute intervals.

7. Start Line:

Can be at any fixed mark of the course, within 100 metres of that mark AND with the bearing to that mark recorded.

8. Finishing:

- 8.1. A yacht's FINISH line will be the same as her START line.
- 8.2. A yacht must finish by passing through her defined start line, in the direction from her penultimate mark.
- 8.3. A yacht must note her starting mark, passing marks and finish times, according to her own timepiece, on the attached **Navigation Log**.
- 8.4. The log must be signed by the skipper and one other crew member and sent to kennyallan@aol.com or posted to
Sailing Secretary,
Forth Corinthian Yacht Club,
Middle Pier,
Granton Pier,
Edinburgh EH5 1HF

9. Course marks:

- 9.1. Competitors may sail clockwise (leaving all marks to starboard) or anti-clockwise (leaving all marks to port), but note 9.4 below.
- 9.2. Competitors should note that they may find yachts converging on marks of the course from opposite directions. They are directed to RRS 2017-2020 to establish KEEP CLEAR status.
- 9.3. be taken and logged at each mark, when the yacht is abeam of the mark.
- 9.4. Yachts must pass to the NORTH of Leith Approach buoy, and must keep well clear of the dredged channel between that buoy and the entrance to Leith docks.

Course marks (continued)

DIVISION 1 (H'CAP < 975)

MARK	APPROXIMATE POSITION
Ch19	56 00.72 N 03 22.47 W
Ch17	56 01.23 N 03 19.84 W
Ch9	56 02.36 N 03 13.47 W
Ch2	56 02.90 N 03 03.70 W
Inchkeith	ISLAND
Herwit	56 01.05 N 03 06.45 W
N Cardinal (off Seafield Diffuser Buoy)	55 59.81 N 03 07.83 W
RFYC mark H	55 59.30 N 03 12.93 W
RFYC mark A	55 59.85 N 03 15.85 W

DIVISION 2 (H'CAP >= 975)

MARK	APPROXIMATE POSITION
Ch19	56 00.72 N 03 22.47 W
Ch17	56 01.23 N 03 19.84 W
Braefoot No1	56 02.67 N 03 15.26 W
West Gunnet	56 01.35 N 03 11.05 W
N Cardinal (off Seafield Diffuser Buoy)	55 59.81 N 03 07.83 W
RFYC mark H	55 59.30 N 03 12.93 W
RFYC mark A	55 59.85 N 03 15.85 W

10. Safety Equipment

- 10.1. FYCA Yacht Safety Regulations, Cat 4 will apply for Division1 and Cat 4R for Division2
- 10.2. **Yachts should carry an alternate means of propulsion**

11. Time Limit: 22:00 hours

- 11.1. In the event of light winds a discretionary prize may be awarded for the maximum distance covered in a corrected time corresponding to 7 HOURS elapsed time sailing.
- 11.2. The yacht's position giving Latitude & Longitude from GPS should be recorded at 7 hours elapsed time, ie taken from her own start time.

12. Results:

A copy of the results will be sent to each e-mail address on the entry form and to the Sailing Secretary of every club competing.

13. Prizes:

- 13.1. This race forms part of the FYCA Forth Inshore Race Series
The Island Trophy will be presented to the first yacht in Division 1 at RFYC or FCYC Annual Prizegiving. Date and venue to be notified.
- 13.2. The (Over One Tide) Rankine Trophy will be presented to the first yacht in Division 2 at the Fisherrow Yacht Club Annual Prizegiving: Date and venue to be notified.
- 13.3. This race forms part of the FCYC and RFYC Passage Race Series, prizes will be awarded accordingly.

Yacht Navigation Log

In accordance with the Sailing Instructions, competitors must complete the Start Line Definition and Start, Mark Passing and Finishing Times Sections.

The Navigation Log must be signed by the skipper and one other crew member and returned to: kennyallan@aol.com or posted to:

Sailing Secretary, FCYC, Middle Pier, Granton Harbour, Edinburgh EH5 1HF

Start/Finish Mark	Definition	Position

Start, Mark and Finishing Times:

MARK	BEARING	TIME	WIND STRENGTH	WIND DIRECTION
Start Mark:				
Finish Mark:				
OR	Position after 7 hrs.	Latitude N	Longitude W	
Total Distance nm				

Observations of other Competitors:

POSITION	TIME	YACHT NAME	SAIL NO.

Yacht..... Sail Number.....

Yacht Skipper..... Signature.....

Crew Member..... Signature.....

Please add below a short review of this event: