



# Dalgety Bay Sailing Club



## Forth Inshore Group Series “Gavin Adamson Memorial Trophy” Race

Sunday 27<sup>th</sup> August 2017  
Sailing Instructions

### 1. Rules

The race will be governed by the *Rules* as defined in the Racing Rules of Sailing.

The race is open to Division 1 and Division 2 yachts as defined by FIG rules, including yachts using restricted sail. Handicaps allocated by the FYCA will be used, see:

<http://fyca.org.uk/Data/Handicaps/2017Handicaps/index.php>

### 2. Changes to Sailing Instructions

Any changes to the sailing instructions will be posted in the window of the DBSC starter's box at least 1 hour before the start of the race. Flag L will be flown to indicate a change in SI's. In addition the committee boat will seek to advise competitors of any change either from a RIB or by VHF channel 37 / M1.

### 3. Race Schedule

The scheduled time of the first Warning Signal is 10:55hrs

### 4. Class Flags

The Class Flag will be:

FIG DIVISION 1

Flag numeral '1'.

FIG DIVISION 2

Flag numeral '2'

### 5. Restricted Sail Option for Yachts

Yachts may request to use a Restricted set of Sails (RS - defined as no spinnaker or cruising chute, and no additional headsails than used to windward to be set at any time). This provision is intended for yachts not equipped with a spinnaker, and for crews considered by the Race Committee to be 'less experienced', 'less capable' or 'short handed', the latter defined as less than 60% of the yacht's full crew. The RS provision will not be granted if, due to the course or weather conditions, no yachts are able to fly spinnakers.

To request the RS provision, a yacht must contact the DBSC Race Committee on VHF channel 37, justifying the request, on the race day at least 15 minutes before its class warning signal is displayed. To be valid, the Race Committee must have confirmed their agreement before its class warning signal. It is at the absolute discretion of the Race Committee whether to accept an RS request or not on any particular day.

A yacht permitted to use the RS provision shall display a white pennant or flag on the backstay or other prominent position, from its class warning signal until it finishes.

A yacht permitted to use the RS provision shall receive a +4% handicap adjustment. All results, both in full and RS configuration, shall be considered in calculating overall series positions.

## 6. The Course and Marks

The course and marks of the course for each class are described in Appendix 1. With regard to marks laid by other clubs, please note that DBSC has no control over their actual type and position. The descriptions and locations given are based on the relevant sailing club handbooks, and should be regarded as approximate.

Boats must keep a minimum distance of 30m from the Hound Point and Braefoot tanker terminals & any tanker berthing there. In the event that tanker movements from Braefoot take place during the race, then boats should not enter Mortimer's Deep. The race officer will endeavour to advise competitors of any consequent change to the Courses.

## 7. The Start

The race will be started using rule 26, with the warning signal given 5 minutes before the starting signal. There will be two separate starts as shown below:

Warning	Prep up	Prep down	Start	CLASS	Visual Signal
10:55hrs	10:56hrs	10:59hrs	11:00hrs	FIG DIVISION 1	Flag numeral '1'
11:00hrs	11:01hrs	11:04hrs	11:05hrs	FIG DIVISION 2	Flag numeral '2'

## 8. Start Line

The start line will be between the mast of the committee boat displaying an orange flag, and an orange pillar buoy laid for the purpose, (the "DBSC Start Mark"). The committee boat will be anchored approximately half a mile south of DBSC Clubhouse.

A boat arriving late for the start may remain under engine, paddles or other means of propulsion after the Preparatory Signal provided that, after ceasing such propulsion and before crossing the Start Line she completes a two-turn penalty on the pre-start side of the Start Line keeping clear of all other boats while completing this manoeuvre.

A boat starting later than 15 minutes after the starting signal will be scored Did Not Start. This changes rule A4.1.

## 9. The Finish

The finishing line will be between the flagpole in front of the DBSC Starter's Box and the DBSC Start Mark, and as described in Appendix 1.

The Race Box will be manned for two hours after the first boat finishes. All yachts finishing should check and record their own times as they cross the finishing line. Where possible, record the names of yachts which finish immediately ahead and astern. A yacht finishing when the line is not manned should forward their finishing times, within 48 hours, to;

FAO ~ Gavin Adamson Race Officer, Dalgety Bay Sailing Club Limited, The Wynd, Dalgety Bay, Fife, KY11 9SB.

## 10. Shortening the course

After the starting signal, the Race Committee may shorten the course as per rule 32.1. In this case, the finishing line will **either** be between the flagpole in front of the DBSC Starter's Box and the DBSC Start Mark as described in Appendix 1 **or** between the mast of the committee boat displaying flag S, and the nearby rounding mark.

If no yacht in a class finishes within the Time Limit, or the race committee abandons the race before the time limit, a result may be declared using times taken at a mark of the course. This alters RRS 32.

## **11. Time Limits**

The time limit for the race is Nautical Sunset on 27<sup>th</sup> August 2017. Boats failing to finish within the time limit will be scored Did Not Finish. This changes rules 35 and A4.1.

## **12. Scoring**

The Low Point scoring system of RRS Appendix A will apply.

The winner of the event will be based on the best achieved performance relative to standard handicap. The calculation to be used will be that which appears within FYCA Race Result & RYA YR2 Performance Spreadsheet on the FYCA website.

If, in the opinion of the Race Officer, sailing conditions experienced by all fleets are not sufficiently comparable, then results may be determined based on times at a previous mark.

## **13. Prize-giving**

This will be held at the Dalgety Bay Sailing Club Limited's Annual Prize Giving. The Gavin Adamson Trophy will however be kept at Dalgety Bay Sailing Club.

The Gavin Adamson Trophy will be awarded based on the best corrected time from the two fleets, using performance to handicap calculation reported via the FYCA result recording spreadsheet.

## **14. Safety Regulations**

FYCA Safety Regulations Cat 4 applies unless a vessel is the subject of an exemption therefrom.

The Race Officer will maintain a listening watch on Channel 37/M1 for the communication of safety information. A boat that retires from the race shall notify the race committee as soon as possible.

## **15. Entry Fee**

£5 for all yachts (All entry fees are donated to Macmillan Cancer Relief).

The Entry Form is at Appendix 2. Completed forms may be accepted "on the water" up to 15 minutes before the first Warning Signal, or sent by e-mail [keelboatracers@dalgetybaysc.org](mailto:keelboatracers@dalgetybaysc.org) no later than 24 hours before the first scheduled start, with fees to follow.

## **16. Disclaimer of Liability**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst part in the event; (b) They are responsible for the safety of themselves, their crew; their boat and their other property whether afloat or ashore; (c) They accept responsibility for any injury, damage or loss to the extent caused by their actions or omissions; (d) Their boat is in good order, equipped to sail in the event and they are fit to participate; (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities; (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

## **17. Insurance**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 or the equivalent per incident.

# Appendix 1

## Course FIG DIVISION 1

Order	Mark	Approximate Position		Leave to	Description of Mark (NOTE – marks laid by a club may be different to the description given)
1	Start West to East				As described in SI's para 8
2	BSC Outer Distance Mark	56° 03.14' N	03° 13.06' W	PORT	Red Buoy with large 'X' painted
3	DBSC START MARK	South of Dalgety Bay Sailing Club		PORT	Orange pillar buoy (Note that DBSC club race marks are yellow)
4	INCHGARVIE			STARBOARD	Island under Forth Rail Bridge
5	DBSC START MARK	South of Dalgety Bay Sailing Club		STARBOARD	Orange pillar buoy
6	RFYC 'I' Mark	56° 00.00' N	3° 15.00' W	PORT	Tall Black Pillar buoy
7	Finish West to East	South of Dalgety Bay Sailing Club			As described in SI's para 9

## Course FIG DIVISION 2

Order	Mark	Approximate Position		Leave to	Description of Mark (NOTE – marks laid by a club may be different to the description given)
1	Start West to East				As described in SI's para 8
2	M2	56° 02.70' N	3° 15.83' W	PORT	Braefoot Ch Mark: RED
3	DBSC START MARK	South of Dalgety Bay Sailing Club		PORT	Orange pillar buoy (Note that DBSC club race marks are yellow)
4	No 19 Channel buoy	56° 00.72' N	3° 22.47' W	STARBOARD	GREEN Cat navigation buoy
5	DBSC START MARK	South of Dalgety Bay Sailing Club		STARBOARD	Orange pillar buoy
6	Mickery Mark 'M'	56° 00.34' N 1km North of	3° 17.09' W Cramond Island	PORT	Orange round buoy marked "M"
7	Finish West to East	South of Dalgety Bay Sailing Club			As described in SI's para 9

**Predicted tides @ Leith : LW 12:39 1.2m HW 19:26 5.0m Time Zone BST**

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## Appendix 2

**ENTRY FORM**  
**Dalgety Bay Sailing Club Limited**  
**FYCA Forth Inshore Group Series**  
*Gavin Adamson Memorial Race*  
**Sunday 27<sup>th</sup> August 2017**

<b>Yacht Name</b>	
<b>Sail Number</b>	
<b>Hull Colour</b>	
<b>FYCA Handicap</b>	
<b>Owner / Skipper</b>	
<b>Address</b>	
<b>Postcode</b>	
<b>e-mail</b>	
<b>Contact Number</b>	
<b>Club</b>	

**Declaration** The information given is correct and the yacht's details in the current FYCA published Handicap List have not changed. I accept that the safety of the yacht and her entire management shall be the sole responsibility of the owner / skipper racing the yacht, who must ensure that the yacht and its crew are adequate to face the conditions that may arise during the course of this race, and that the organisation of this race in no way limits or reduces the absolute responsibility of the owner / skipper for the crew and the management thereof. I warrant the suitability of this yacht for this race and the race organisers shall not be liable for any loss, damage or injury howsoever caused as a result of taking part in this race. I confirm that the yacht is insured with valid third-party liability insurance with a minimum cover of £2,000,000 per incident or the equivalent.

**Signed by the Owner / Skipper** \_\_\_\_\_

**Fee £5 enclosed / to follow**

**Note:** Completed forms may be accepted "on the water" up to 15 minutes before the first Warning Signal, or sent by e-mail [keelboatracers@dalgetybaysc.org](mailto:keelboatracers@dalgetybaysc.org) no later than 24 hours before the first scheduled start, with fee to follow.