



Forth Cruising Club Limekilns



Fife Regatta, Sunday 19th of May 2019

Sailing Instructions

1.0 GENERAL INSTRUCTIONS

1.1 Organising Authority

The organising authority is the Forth Cruising Club.

1.2 Rules

The Regatta will be governed by the rules as defined in The Racing Rules of Sailing. Handicaps allocated by the FYCA for 2019 will be used.

1.3 Safety Regulations

FYCA Safety Regulations Category 4R applies.

A boat that retires from the race shall notify the Race Committee as soon as possible.

The Race Officer will maintain a listening watch on Channel M1(37) for the communication of safety information. Boats shall carry adequate life-saving equipment for all persons on board.

Whilst not compulsory, FCC encourages the wearing of life jackets at all times.

1.4 Notices to Competitors

Notices to competitors, if any, will be posted on the official notice board located in the FCC clubhouse. They will also be available on the FCC website.

1.5 Changes to the Sailing Instructions

Any change to the sailing instructions or schedule of races will be posted on the notice board & website by 2000 hrs on the 17th of May 2019

1.6 Signals made ashore

Signals made ashore will be displayed hoisted on the flagpole in front of the FCC starters hut, located on the end of Brucehaven Pier.

1.7 Classes

Class Eligible yachts

1. **Restricted Sail** Yachts with FYCA handicap ≥ 975

Restricted sail yachts are not permitted to fly spinnakers, cruising chutes or twin headsails, but may pole out headsails.

2. **Division 2** Yachts with FYCA handicap ≥ 975

The race committee reserve the right to combine class 1 and 2 sail, no later than 1345 BST on the 19th of May 2019.

2.0 SCHEDULE OF RACES AND CLASS SIGNALS

CLASS	FLAG	FIRST WARNING SIGNAL	START TIME
Restricted Sail	E	1355	1400
Div 2	J	1400	1405

Flags

Echo = horizontal blue bar above red bar.

Juliet = horizontal white bar between blue bars.

If Divisions 2 and Restricted sail are to be combined then both class flags will be flown together and the combined class start time will be 1400 hrs.

Competitors will also be notified via VHF Ch.M1 (37) if any classes are combined.

3.0 COURSE AREA

The main race area is the arena to the West of Dhu Craig starboard hand buoy and to the East of the Hen & Chickens starboard channel buoy.

Competitors are reminded that Forth Navigation byelaws give shipping the right of way.

Any boat obstructing shipping may be liable to disqualification and possible prosecution.

Competitors are reminded to check the current Notices to Mariners, particularly with reference to the minimum distances to Rosyth Docks & Crombie Pier.

3.1 The Course

The course diagrams and order of rounding of marks will be shown on the FCC 2019 course sheet attached (Admiralty Chart Number 737 River Forth Rosyth to Grangemouth shows the relevant waters).

The selected course(s) will be displayed in the seaward windows of the starters hut.

Division 2 course will be displayed in the West window.

Restricted sail course will be displayed in the East window.

3.2 Marks

Marks of the course are as described in Appendix A attached.

4.0 THE START

Races will be started using the three white lights mounted on the race hut and the use of a sound signal as described below:

Warning signal; 5 minutes to start, 3 lights on and 1 sound signal.

Preparatory signal; 4 minutes to start, 2 lights on and 1 sound signal.

One minute to start; 1 light on and 1 sound signal.

Starting signal; all lights off and 1 sound signal.

This alters RRS 26.

4.1 Start Line

The start line is a line between the flagpole in front of the starter's hut and the outer distance mark 'O' and is limited by an inner distance mark 'N'. Boats must start between the outer distance mark 'O' and the inner distance mark 'N'.

4.2 The Finish

The finishing line is a line between the flagpole in front of the starter's hut and the outer distance mark 'O' and is limited by an inner distance mark 'N'. Boats must finish between the outer distance mark 'O' and the inner distance mark 'N'.

4.3 Time Limit

The Division 2 and Restricted sail time limit will be 3 hours 30 minutes.

Boats failing to finish within this time limit will be scored 'Did Not Finish'. This alters rule 35 and A4.1.

5.0 ALTERNATIVE PENALTIES

A boat arriving late for the start may remain under propulsion after her preparatory signal until, but not after, her class starting signal. After ceasing such propulsion, and before starting, she must carry out a 720 deg turn on the pre-start side of the line after getting well clear of other boats.

6.0 PROTESTS

Boats intending to protest for on the water incidents should draw the attention of the race officer to their protest by hail or on VHF channel M1 (37) after crossing the finish line. Protests must be lodged in writing at the race office (situated within the FCC clubhouse) within 2 hours of the last yacht finishing the class to which the protest applies.

This time will be displayed on the official notice board.

6.1 The time and place of hearings will be displayed as soon as possible on the official notice board. It is the responsibility of all competitors to check on their involvement with protests and to appear at the appointed time.

7.0 SCORING

Each boat *starting* or *finishing* and not thereafter retiring, being penalized or given redress shall be scored using the low points system.

8.0 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

9.0 PRIZES

The prize-giving will take place at the FCC clubhouse as soon as practicable after the finish of the last race.

10.0 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

11.0 INSURANCE

Each participating yacht shall be insured with valid third-party liability insurance with a minimum cover of **£2,000,000**.